

**16<sup>TH</sup> NATIONAL SPORTS FESTIVAL  
(KADA GAMES 2009)  
15<sup>TH</sup> – 21<sup>ST</sup> FEBRUARY 2009**

**WEIGHTLIFTING COMPETITION SCHEDULE**

DATE	EVENT	NO. OF ATHLETES	WEIGH-IN TIME	PRESENTATION TIME	COMPETITION TIME	REFEREE
<b>Monday 16/02/09</b>	48kg Women	17	8.00am	9.45am	10.00am	1
	56kg Men	20	11.00am	12.45pm	1.00pm	2
	53kg Women	11	2.00pm	3.45pm	4.00pm	3
<b>Tuesday 17/02/09</b>	62kg Men	17	8.00am	9.45pm	10.00am	2
	58kg Women	14	12noon	1.45pm	2.00pm	1
	69kg Men	22	2.00pm	3.45pm	4.00pm	3
<b>Wednesday 18/02/09</b>	63kg & 69kg Women	16	8.00am	9.45am	10.00am	1
	77kg Men	21	11.00am	12.45pm	1.00pm	2
	85kg Men	21	2.00pm	3.45pm	4.00pm	3
<b>Thursday 19/02/09</b>	75kg & +75kg Women	17	8.00am	9.45am	10.00am	1
	94kg & +105kg Men	23	11.00am	12.45pm	1.00pm	2
	105kg Men	18	2.00pm	3.45pm	4.00pm	3

**16<sup>TH</sup> NATIONAL SPORTS FESTIVAL (KADA 2009)**  
**15<sup>TH</sup> – 23<sup>RD</sup> FEBRUARY 2009**  
**HANDBALL EVENT PROGRAMME**

14/2/2009 - ARRIVAL  
 15/2/2009 - TECHNICAL MEETING AT 09.00 PROMPT  
 15/2/2009 - 17/2/2009 - FIRST ROUND  
 18/2/2009 - 20/2/2009 - SECOND ROUND  
 21/2/2009 - SEMI-FINALS  
 22/2/2009 - FINALS

**GROUPS**

**MALE**

	A	B	C	D
1.	Sokoto	Kano	Kaduna	Ogun
2.	Bayelsa	Enugu	Borno	Niger
3.	Yobe	Abia	Edo	FCT

**FEMALE**

	A	B	C	D
1.	Edo	Plateau	Imo	Benue
2.	Abia	Jigawa	Bauchi	Delta
3.	Kaduna	Ondo	Katsina	Borno

**MATCH SCHEDULE - FIRST ROUND**

Match No	Date	Time	Match/Group	Sex	Court	Score
01	15/2/09	12.30	Sokoto Vs. Bayelsa (A)	M	One	
02	"	12.30	Edo Vs. Abia (A)	F	Two	
03	"	14.00	KanoVs. Enugu (B)	M	One	
04	"	"	Plateau Vs. Jigawa (B)	F	Two	
05	"	15.30	Kaduna Vs. Borno (C)	M	One	
06	"	"	Imo Vs. Bauchi (C)	F	Two	
07	"	17.00	Ogun Vs. Niger (D)	M	One	
08	"	"	Benue Vs. Delta (D)	F	Two	
09	16/2/09	07.00	Yobe Vs. Sokoto (A)	M	One	
10	"	"	Kaduna Vs. Edo (A)	F	Two	
11	"	08.30	Abia Vs. Kano (B)	M	One	
12	"	08.30	Plateau Vs. Ondo (B)	F	Two	
13	"	10.00	Kaduna Vs. Edo (C)	M	One	
14	"	"	Imo Vs. Katsina (C)	F	Two	
15	"	11.30	Ogun Vs. FCT (D)	M	One	
16	"	"	Benue Vs. Borno (D)	F	Two	
17	17/2/09	07.00	Bayelsa Vs. Yobe (A)	M	One	
18	"	"	Abia Vs. Kaduna (A)	F	Two	
19	"	08.30	Enugu Vs. Abia (B)	M	One	
20	"	"	Jigawa Vs. Ondo (B)	F	Two	
21	"	10.00	Borno Vs. Edo (C)	M	One	
22	"	"	Bauchi Vs. Katsina (C)	F	Two	
23	"	11.30	Niger Vs. FCT (D)	M	One	
24	"	"	Delta Vs. Borno (D)	F	Two	

Kickboxing Federation of Nigeria (KBFN) happily welcome all kickboxing Amateur Athletes, Officiating Officials, Coaches and delegates from States of Nigeria Federation including FCT, Abuja to the 16<sup>th</sup> National Sports Festival, Kaduna where your beloved entertaining game will be featuring on scoring basis for the first time in such event in Nigeria.

**PROGRAMME:**

SUNDAY	15 <sup>TH</sup> FEBRUARY	PRE-MATCH MEETINGS
MONDAY	16 <sup>TH</sup> FEBRUARY	10.00AM TO 6.00PM REGISTRATION, PAYMENTS OF AFFILIATION FOR 2008/2009 AND TECHNICAL/OFFICIATING SEMINARS
TUESDAY	17 <sup>TH</sup> FEBRUARY	7.00AM TO 10.00AM – WEIGHING-IN & MEDICAL FOR FULL CONTACT (M/F) 11.00AM TO 1.00PM – DRAWS 3.00PM TO 6.00PM - COMPETITION
WEDNESDAY	18 <sup>TH</sup> FEBRUARY	COMPETITION CONTINUE 9.00AM TO 6.00PM
THURSDAY	19 <sup>TH</sup> FEBRUARY	COMPETITION AND AWAD OF MEDALS.
FRIDAY	20 <sup>TH</sup> FEBRUARY	WEIGH-IN FOR LOW KICK (M/F) & MEDICAL 7.00AM TO 10.00AM DRAWS: 11.00AM TO 1.00PM COMPETITION: 3.00PM TO 6.00PM.
SATURDAY	21 <sup>ST</sup> FEBRUARY	9.00AM TO 6.00PM: COMPETITION CONTINUES
SUNDAY	22 <sup>ND</sup> FEBRUARY	COMPETITION CONTINUES: 9.00AM TO 6.00PM
MONDAY	23 <sup>RD</sup> FEBRUARY	COMPETITION 9.00AM TO 12.00PM AWARD OF MEDALS: 1.00PM TO 3.00PM GENERAL REVIEW/AOB: 4.00PM TO 6.0PM.

KICKBOXING FEDERATION OF NIGERIA (KBFN).

**NIGERIA BASKETBALL FEDERATION  
16<sup>TH</sup> NATIONAL SPORTS FESTIVAL  
KADA GAMES, 2009  
MEN'S FIXTURES (SIX TEAMS)**

DAY	TIME	TEAMS	GROUP	SCORE	REMARK
I 16/02/09	8.00AM	ZAMFARA VS. FCT	B		
	9.30AM	PLATEAU VS. RIVERS	B		
	11.00AM	OYO VS. YOBE	A		
	3.00PM	KANO VS. BAUCHI	A		
	4.30PM	LAGOS VS. BAYELSA	A		
	6.00PM	KADUNA VS. IMO	B		
II 17/02/09	8.00AM	BAUCHI VS. OYO	A		
	9.30AM	BAYELSA VS. KANO	A		
	11.00AM	IMO VS. FCT	B		
	3.00PM	ZAMFARA VS. PLATEAU	B		
	4.30PM	LAGOS VS. YOBE	A		
	6.00PM	KADUNA VS. RIVERS	B		
III 18/02/09	8.00AM	OYO VS. KANO	A		
	9.30AM	BAUCHI VS. LAGOS	A		
	11.00AM	YOBE VS. BAYELSA	A		
	3.00PM	FCT VS. PLATEAU	B		
	4.30PM	ZAMFARA VS. KADUNA	B		
	6.00PM	RIVERS VS. IMOR	B		

**NATIONAL SPORTS FESTIVAL (KADA 2009)**  
**VENUE: FEDERAL GOVERNMENT COLLEGE, KADUNA**  
**PROGRAMME FOR THE TABLE TENNIS EVENTS**

DATE	DAY	TIME	COURSE & EXAM FOR TECHNICAL OFFICIAL
14/02/09	SAT	09.00	COURSE & EXAM FOR TECHNICAL OFFICIALS
15/02/09	SUN	09.00 14.00	PRE-MATCH MEETING/DRAW OPENING CEREMONY
16/02/09	MON	09.00 – 13.00 13.00 – 14.00 14.00 – 20.00	MEN'S TEAM & WOMEN'S TEAM LUNCH BREAK MEN'S TEAM & WOMEN'S TEAM CONT'D
17/02/09	TUES	09.00 – 13.00 13.00 – 14.00 14.00 – 20.00	MEN'S TEAM & WOMEN'S TEAM LUNCH BREAK MEN'S TEAM & WOMEN'S TEAM
18/02/09	WED	09.00 – 13.00 13.00 – 14.00 14.00 – 20.00 16.00 – 18.00	MEN'S TEAM & WOMEN'S TEAM LUNCH BREAK WOMEN'S TEAM MEN'S TEAM
19/02/09	THURS	09.00 – 13.00 13.00 – 14.00 14.00 – 20.00	MEN'S SINGLES & WOMEN'S SINGLES LUNCH BREAK MEN'S SINGLES & WOMEN'S SINGLES CONT'D.
20/02/09	FRI	09.00 – 13.00 13.00 – 14.00 14.00 – 20.00	MEN'S DOUBLES & WOMEN'S DOUBLES LUNCH BREAK MIXED DOUBLES, MEN'S DOUBLES & WOMEN'S DOUBLES
21/02/09	SAT	09.00 – 13.00  13.00 – 14.00 14.00 – 20.00	MIXED DOUBLES, MEN'S DOUBLES & WOMEN'S DOUBLES LUNCH BREAK MIXED DOUBLES, MEN'S DOUBLES & WOMEN'S DOUBLES FINALS
22/02/09	SUN	10.00 – 11.00 11.00 – 12.00 12.00 -	WOMEN'S FINAL MEN'S FINAL PRESENTATION OF MEDALS

**NIGERIA SWIMMING FEDERATION  
16<sup>TH</sup> NATIONAL SPORTS FESTIVAL  
"KADA 2009" KADUNA, KADUNA STATE**

DATE	NO	EVENTS
DAY 1 17 <sup>TH</sup> FEBRUARY 2009	1 2 3 4 5 6	200M INDIVIDUAL MEDLEY WOMEN 200M INDIVIDUAL MEDLEY MEN 100M BACKSTROKE WOMEN 100M BACKSTROKE MEN 200M FREESTYLE WOMEN 200M FREESTYLE MEN
DAY 2 18 <sup>TH</sup> FEBRUARY 2009	7 8 9 10 11 12 13	800M FREESTYLE MEN 800M FREESTYLE WOMEN 50M BUTTERFLY MEN 50M BUTTERFLY WOMEN 100M BREASTSTROKE MEN 100M BREASTSTROKE WOMEN 4 X 100M MEDLEY RELAY MEN
DAY 3 19 <sup>TH</sup> FEBRUARY 2009	14 15 16 17 18 19 20	400M FREESTYLE WOMEN 400M FREESTYLE MEN 200M BREASTSTROKE WOMEN 200M BREASTSTROKE MEN 50M FREESTYLE WOMEN 50M FREESTYLE MEN 4 X 100M MEDLEY RELAY WOMEN
DAY 4 20 <sup>TH</sup> FEBRUARY 2009		<b>FREEDAY</b>
DAY 5 21 <sup>ST</sup> FEBRUARY 2009	21 22 23 24 25 26 27	1500M FREESTYLE MEN 200M BACKSTROKE WOMEN 200M BACKSTROKE MEN 50M BREASTSTROKE WOMEN 50M BREASTSTROKE MEN 4 X 200M FREESTYLE RELAY WOMEN 4 X 200M FREESTYLE RELAY MEN
DAY 6 22 <sup>ND</sup> FEBRUARY 2009	28 29 30	1500M FREESTYLE WOMEN 100M FREESTYLE MEN 50M BACKSTROKE WOMEN

	31 32 33 34	50M BACKSTROKE MEN 200M BUTTERFLY WOMEN 200M BUTTERFLY MEN 100M FREESTYLE WOMEN
DAY 7 23 <sup>RD</sup> FEBRUARY 2009	35 36 37 38 39 40	400M INDIVIDUAL MEDLEY MEN 400M INDIVIDUAL MEDLEY WOMEN 100M BUTTERFLY MEN 100M BUTTERFLY WOMEN 4 X 100M FREESTYLE MEN 4 X 100M FREESTYLE WOMEN

**BADMINTON FEDERATION OF NIGERIA**  
**16<sup>TH</sup> NATIONAL SPORTS FESTIVAL KADUNA 2009**  
**PROGRAMME OF EVENT**

DATE AND DAYS	SESSION MORNING 9AM – 1PM	SESSION EVENING 3 – 7PM
14 <sup>TH</sup> FEB., 2009 SATURDAY	DRAWS	MEN AND WOMEN TEAM EVENT PRELIM
15 <sup>TH</sup> FEB., 2009 SUNDAY	MEN AND WOMEN TEAM EVENT CONTD.	MEN AND WOMEN TEAM EVENT CONTD.
16 <sup>TH</sup> FEB., 2009 MONDAY	MEN AND WOMEN TEAM EVENT QUARTER FINAL AND SEMI FINAL	MEN AND WOMEN TEAM EVENTS FINAL
17 <sup>TH</sup> FEB., 2009 TUESDAY	MEN AND WOMEN SINGLES PRELIM	MEN AND WOMEN SINGLES CONTD.
18 <sup>TH</sup> FEB., 2009 WEDNESDAY	MEN AND WOMEN SINGLES TO QUARTER FINAL & SEMI FINAL	MEN AND WOMEN DOUBLES PRELIM.
19 <sup>TH</sup> FEB., 2009 THURSDAY	MEN AND WOMEN DOUBLES	MEN AND WOMEN DOUBLES CONTD.
20 <sup>TH</sup> FEB., 2009 FRIDAY	MEN AND WOMEN DOUBLES TO QUARER – SEMI FINAL	MEN AND WOMEN DOUBLES SEMI FINAL
21 <sup>ST</sup> FEB., 2009 SATURDAY	MIXED DOUBLES PRELIM & MIXED DOUBLES TO QUARTER FINAL	MIXED DOUBLES SEMI FINAL AND FINAL
22 <sup>ND</sup> FEB., 2009 SUNDAY	MEN AND WOMEN DOUBLES FINAL	MEN AND WOMEN SINGLES FINAL PRESENTATION OF MEDALS

**BOXING PROGRAMME FOR 16<sup>TH</sup> NATIONAL SPORTS FESTIVAL  
KADUNA 2009**

Arrival	13 February 2009	
F/J Seminar	14 <sup>th</sup> February	9am – 1pm
Technical Meeting	14 <sup>th</sup> February	6pm – 8pm
General Weigh-in	15 <sup>th</sup> February	6.30am
Competition	15 <sup>th</sup> February – 13 February 2009	

By

Patrick Uwagbale  
Secretary General

## **GOLF FIXTURES FOR THE 16<sup>TH</sup> NATIONAL SPORTS FESTIVAL (KADA 2009)**

- |     |          |                  |  |
|-----|----------|------------------|--|
| 1.  | 14/02/09 | 09.00 – 15.00hr  | Marking of Golf Course Practice Round.                       |
| 2.  | "        | 16.00 – 19.00hr  | Technical Committee Pre-Competition Meeting Tournament Rules |
| 3.  | 15/02/09 | 08.30 – 12.00hr  | Seminar, Registration of Golfers (Athletes)                  |
| 4.  | "        | 14.00 – 18.00hr  | Registration continues, Tournament Draws                     |
| 5.  | 16/02/09 | 07.30 – 18.30hr  | DAY 1: Tournament for Category 1, 2, & 3 Stableford.         |
| 6.  | 17/02/09 | 07.30 – 18.30hr  | DAY 2: Conclusion of Stableford for Cat. 1.2 & 3.            |
| 7.  | 18/02/09 | 07.30 – 18.30hr  | DAY 3: LADIES: Stableford MEN'S EVENT                        |
| 8.  | 19/02/09 | 07.30 – 18.30hr  | DAY 4: Combined 2-Day Ecletics                               |
| 9.  | 20/02/09 | 07..30 – 18.30hr | DAY 5: Match Play: Ladies & Men                              |
| 10. | 21/02/09 | 07.30 – 18.30hr  | DAY 6: Match Play Continues & Double Match Play.             |
| 11. | 22/02/09 | 07.30 – 18.30hr  | DAY 7: Stroke Play   |
| 12. | 23/02/09 | 07.30 – 18.30hr  | DAY 8: Stroke Play Conclusion of Events.                     |

<b>16<sup>TH</sup> NATIONAL SPORTS FESTIVAL (KADA GAMES 2009)</b>					
<b>NIGERIA HOCKEY FEDERATION</b>					
<b>SCHEDULE OF MATCHES</b>					
<b>DATE</b>		<b>MATCH</b>	<b>CATEGORY</b>	<b>TIME</b>	
Sat. 14/02/09	1	Bauchi Vs. Edo	Male	15.00hrs	
	2	Yobe Vs. Lagos	Male	16.30hrs	
	3	Niger Vs. Abia	Male	18.00hrs	
	4	Kaduna Vs. Katsina	Male	19.30hrs	
Sun. 15/02/09	5	Edo Vs. Ebonyi	Female	07.00hrs	
	6	Plateau Vs. Imo	Female	08.30hrs	
	7	Yobe Vs. ogun	Female	10.00hrs.	
	8	Bayelsa Vs. Lagos	Female	11.30hrs	
Mon. 16/02/09	9	Edo Vs. Bauchi	Male	07.00hrs	
	10	Yobe Vs. Benue	Female	08.30hrs	
	11	Imo Vs. Kaduna	Female	10..0hrs	
	12	Bayelsa Vs. Katsina	Male	15.30hrs	
	13	Abia Vs. Plateau	Male	17.00hrs	
	14	Lagos Vs. Kano	Male	18.30hrs	
	15	Bayelsa Vs, Edo	Female	20.00hrs	
Tue 17/02/09	16	Ogun Vs. Bauchi	Female	07.00hrs	
	17	Kaduna Vs. Bayelsa	Male	08.30hrs	
	18	Yobe Vs. Kano	Male	10.00hrs	
	19	Bauchi Vs. Edo	Male	15.30hrs	
	20	Ebonyi Vs. Bayelsa	Female	17.00hrs	
	21	Plateau Vs. Kaduna	Female	18.30hrs	
22	Niger Vs. Plateau	Male	20.00hrs		
Wed 18/02/09	<b>FREE DAY</b>				
Thu 19/02/09	23	Winner A Vs Runner Up B	Male	08.00hrs	
	24	Winner B Vs. Runner Up A	Male	10.00hrs	
	25	Winner C Vs. Runner Up D	Male	16.00hrs	
	26	Winner D Vs. runner Up C	Male	18.00hrs	
	27	Winner A Vs Runner Up B	Female	08.00hrs	
	28	Winner B Vs. Runner Up A	Female	10.00hrs	
	29	Winner C Vs. Runner Up D	Female	16.00hrs	
	30	Winner D Vs. Runner C	Female	18.00hrs	
	Sat 21/02/09	31	Winner 23 Vs Winner 25	Male	08.00hrs
		32	Winner 24 Vs. Winner 26	Male	10.00hrs
33		Winner 27 Vs. Winner 29	Female	16.00hrs	
34		Winner 28 Vs. Winner 30	Female	18.00hrs	
Sun 22/02/09	35	Runner Up 33 Vs. Runner Up 34	Female	08.00hrs	
	36	Runner Up 31 Vs. Runner Up 32	Male	10.00hrs	
	37	Winner 33 Vs. Winner 34	Female	14.00hrs	
	38	Winner 31 Vs. Winner 32	Male	16.00hrs	
	39				

**TAEKWONDO PROGRAMMES OF EVENT  
KADA 2009**

<b>DAYS</b>	<b>EVENT</b>	<b>TIME</b>	<b>VENUE</b>
SUNDAY 15/02/09	TECHNICAL MEETING	4.00PM	AHMADU BELLO, STADIUM
DAY 1 MONDAY 16/02/09	POOMSAE EVENT MALE AND FEMALE  WEIGHT-IN FOR FIN AND FLY MALE AND FEMALE	8.00AM  5.00PM	FGS, MALALI  FGS, MALALI
DAY 2 TUESDAY 17/02/09	FIGHT FIN AND FLY MALE AND FEMALE  WEIGH-IN FOR BANTAM AND FEATHER MALE AND FEMALE	8.00AM  5.00PM	FGS, MALALI  FGS, MALALI
DAY 3 WED 18/02/09	COMPETITION FOR BANTAM AND FEATHER WEIGHT MALE AND FEMALE  WEIGH-IN FOR LIGHT AND WELTER, MALE AND FEMALE	8.00AM  5.00PM	FGS, MALALI  FGS, MALALI
DAY 4 THURSDAY 19/02/09	COMPETITION FOR LIHT AND WELTER MALE AND FEMALE  WEIGHT-IN FOR MIDDLE AND HEAVY MALE AND FEMALE	8.00AM  5.00PM	FGS, MALALI  FGS, MALALI
DAY 5 FRIDAY 20/02/09	COMPETITION FOR MIDDLE AND HEAVY WEIGHT MALE AND FEMALE  MEDALS PRESENTATION FOR ALL WEIGHT CLASS	8.00AM  4.00PM	FGS, MALALI  FGS, MALALI

**PRELIMINARIS MATCHES FOR MALE GROUP A TEAMS**

<b>MATCH ONE</b>	VENUE	DATE	TIME
ENUGU VS. FCT	TOWNSHIP	15/02/09	4.00PM
EDO VS. KADUNA	ABS	15/02/09	OPENING
<b>MATCH TWO</b>			
KADUNA VS. ENUGU	TOWNSHIP	16/02/09	2.00PM
EDO VS. FCT	TOWNSHIP	16/02/09	12.00NOON
<b>MATCH THREE</b>			
ENUGU VS. EDO	TOWNSHIP	17/02/09	4.00PM
FCT VS. KADUNA	TOWNSHIP	17/02/09	12.00NOON

THE FIRST AND SECOND TEAMS FROM THE PRELIMANARIY MATCHS QUALIFIES TO THE NEXT STAGE.

**PRELIMINARIS MATCHES FOR WOMEN'S GROUP A TEAMS**

<b>MATCH ONE</b>	<b>VENUE</b>	<b>DATE</b>	<b>TIME</b>
ONDO VS. A/IBOM	POLICE	14/02/09	4.00PM
BYE VS. ADAMAWA			
KADUNA VS. IMO	POLICE	14/02/09	2.00PM
<b>MATCH TWO</b>			
A/IBOM VS. BYE			
ADAMAWA VS. KADUNA	POLICE	16/02/09	4.00PM
IMO VS. ONDO	POLICE	16/02/09	2.00PM
<b>MATCH THREE</b>			
BYE VS. ONDO			
KADUNA VS. A/IBOM	POLICE	17/02/09	4.00PM
ADAMAWA VS. IMO	POLICE	17/02/09	2.00PM
<b>MATCH FOUR</b>			
A/IBOM VS. ADAMAWA	POLICE	19/02/09	2.00PM
ONDO VS. KADUNA	POLICE	19/02/09	4.00PM
IMO VS. BYE			
<b>MATCH FIVE</b>			
KADUNA VS. BYE			
ADAMAWA VS. ONDO	POLICE	20/02/09	2.00PM
IMO VS. A/IBOM	POLICE	20/02/09	4.00PM

THE FIRST AND SECOND TEAMS FROM THE PRELIMANARIY MATCHS QUALIFIES TO THE NEXT STAGE.

**16<sup>TH</sup> NATIONAL SPORTS FESTIVAL**  
**"KADA 2009"**  
**15<sup>TH</sup> – 23<sup>RD</sup> FEBRUARY 2009**

<b>DAY</b>	<b>18<sup>TH</sup> FEB. 2009</b>		
<b>Morning</b>			
9.00am	5,000m	Men	Final
9.30am	100m Amputee T45 – 46	Men	Semi final
9.45am	Discuss wheel Chair	Men	Final
10.00am	100m Hurdles	Women	Heptathlon
10.00am	Medal Presentation		
10.00am	Discuss Wheel Chair F57 – 58	Women	Final
10.00am	Shot Put	Men	Final
10.30am	100m	Men	Heat
11.00am	Discuss Amputee F42	Men	Final
11.00am	Javelin	Women	Final
11.15am	High Jump	Women	Heptathlon
11.15am	Medal Presentation		
11.15am	100m	Men	Heat
11.30am	Discuss Deaf	Men	Final
12.00am	100m Amputee T45 – 46	Men	Semi Final
12.30pm	100m Amputee T45 – 46	Women	Semi Final
<b>Afternoon</b>			
3.00pm	Javelin Amputee F42	Men	Final
3.00pm	Shot Put	Women	Heptathlon
3.00pm	400m Hurdles	Women	Heat
3.30pm	400m Hurdles	Men	Heat
3.45pm	100m Amputee T45 – 46	Men	Final
3.50pm	100m Amputee T45 – 46	Women	Final
4.00pm	Javelin	Men	Final
4.00pm	100m	Women	Round 2
4.15pm	100m	Men	Round 2
4.20pm	Medal Presentation		
4.30pm	200m	Women	Heptathlon
4.40pm	200m Wheelchair F42	Men	Final
5.00pm	200m Wheelchair T54	Men	Final
5.20pm	200m Wheelchair T54	Women	Final
5.40pm	800m Deaf	Women	Final
6.00pm	800m Deaf	Men	final
<b>DAY 2</b>	<b>19<sup>TH</sup> FEB, 2009</b>		
<b>Morning</b>			
9.00am	10,000m	Men	Final
9.00am	Pole Vault	Men	Final
9.00am	Shot Put	Women	Final
9.00am	Long Jump	Women	Heptathlon
9.45am	400m Hurdles	Women	Final
10.00am	400m Hurdles	Women	Final
10.30am	100m Deaf	Men	Final
10.40am	Medal Presentation		
10.50am	100m Blind T11	Men	Final
11.00am	100m Blind T11	Women	Final
11.00am	Discus Partial Blind F12 – 13	Men	Final
11.00am	Shot Put Wheel Chair F57 – 58	Men	Final
11.10am	100m Wheel Chair T54	Women	Final
11.10am	Javelin	Men	Final
11.20am	Medal Presentation		
11.30am	100m wheel chair T54	Men	Final
11.40am	400m	Women	Heat
12.10pm	400m	Men	Heat

12.30pm	4 x 100m	Women	Heat
1.00pm	4 x 100m	Men	Heat
<b>Afternoon</b>			
3.00pm	Pole Vault	Women	Final
3.00pm	Hammer	Men	Final
3.00pm	High Jump	Women	Final
3.30pm	Discuss Partial Blind F12 –1 3	Women	Final
3.30pm	Javelin		Heptathlon
3.30pm	400m Hurdles	Women	Final
3.50pm	400m Hurdles	Men	Final
4.00pm	100m wheel Chair T54	Men	Final
4.00pm	Triple Jump	Men	Final
4.10pm	100m wheel Chair T54	Women	Final
4.15pm	100m	Women	Semi final
4.25pm	100m	Men	Semi final
4.30pm	Discus	Women	Final
4.35pm	1,500m	Women	Heat
4.40pm	1,500m	Men	Heat
5.00pm	400m Deaf	Men	Semi final
5.10pm	800m		Heptathlon
5.20pm	Medal Presentation		
5.30pm	100m	Women	Final
5.40pm	100m	Men	Final

**DAY 3** 20<sup>TH</sup> FEB., 2009

<b>Morning</b>			
8.00am	20km Walk Race	Women	Final
8.10am	20km Walk Race	Men	Final
9.00am	Discus	Men	Final
9.00am	100m		Decathlon
9.10am	100m Hurdles	Women	Heat
9.20am	100m Hurdles	Men	Heat
9.45am	Long Jump	Men	Decathlon
9.45am	5,000m	Men	Final
9.45am	Shot Put wheel Chari F42	Women	Final
10.15am	200m Partial blind T12 – 13	Women	Final
10.25am	200m Partial Blind T12 – 13	Men	Final
10.35am	3,000m Steeple Chase	Men	Final
10.35am	Medal Presentation		
10.35am	Shot Put Partial Blind T12 – 13	Men	Final
11.00am	400m	Women	Semi final
11.20am	400m	Men	Semi final
11.50am	200m Deaf	Women	Semi final
12.00noon	200m Deaf	Men	Semi Final
12.10pm	100m CP T37 – 38	Men	Final

**Afternoon**

3.00pm	Long Jump	Men	Qualification
3.00pm	Shot Put		Decathlon
3.00pm	100m Hurdles	Women	Semi final
3.00pm	High Jump	Men	Final
3.30pm	110m Hurdles	Men	Semi final
3.30pm	Shot Put Partial Blind T12 –13	Women	Final
4.00pm	High Jump		Decathlon
4.00pm	Long Jump	Women	Final
4.10pm	Medal Presentation		
4.20pm	400m	Women	Final
4.30pm	400m	Men	Final
4.40pm	200m Deaf	Women	Final

4.55pm	200m Deaf	Men	Final
5.05pm	200m Amputee T45 – 46	Women	Final
5.15pm	200m Amputee	Men	Final
5.25pm	800m	Women	Heat
5.45pm	800m	Men	Heat
5.50pm	400m		Decathlon
5.55pm	4 x 100m	Women	Semi final
6.15pm	4 x 100m	Men	Semi final